

Cy-Fair basketball 10 steps to success for 2011-2012

1) **Restore character**

Winning or losing, good call or bad, supporting teammates and respecting those in our game will be a priority.

2) **Establish good habits**

Good habits only serve to enhance your work ethic in a positive way.

3) **Master the art of communication**

Listen more, talk less.

4) **Always be positive**

The more trying the times, the more positive you have to be.

5) **Control your attitude**

Teammates, coaches and officials should see you are consistently respectful and not easily affected by words or a bad call.

6) **Learn from adversity**

Appreciate the good around us, the bad will ruin our lives. It's not the adversity that hurts us, it's how we handle it.

7) **Learn from role models**

Emulate traits you admire, and learn from others mistakes.

8) **Be persistent**

Persistence keeps us great. People who succeed understand a long term commitment.

9) **Set demanding goals**

Goals allow us to overcome our weaknesses. Once we understand our weaknesses, we can build goals around them.

10) **Survive success**

Today's success is often tomorrow's failure. Never forget what you did right.